

Community Resources

Mom2Mom NJ: 24/7 peer support helpline for parents of children with special needs

Call or text: 1-877-914-6662 Website: www.mom2mom.us.com

NJ Parent Link - a link to the state early childhood, parenting, and professional resource center

NJ Department of Human Services - a state based program that makes sure individuals with disabilities are protected and have access to programs

Early Intervention (EI) - a program to seek assistance for families who have developmental concerns about children under the age of 3

Big Brothers Big Sisters Northern NJ - a mentoring service for children in Northern New Jersey

Division of Developmental Disabilities NJ - funds services and supports for individuals with developmental disabilities

Autism NJ - statewide network of parents/professionals dedicated to improving lives of individuals with autism

Special Olympics NJ - an organization that provides year round sports training for individuals with disabilities <https://www.sonj.org/sports/unified-sports/>

National Suicide Prevention Hotline - a 24/7 hotline that provides support to people in distress