

Informational Resources

ADHD

<https://childmind.org/topics/adhd-attention-problems/>

AUTISM

[Autism Publications & Resources](#) - downloadable autism publications and articles

EMOTIONAL DYSREGULATION

[What is Emotional Dysregulation and how can we help?](#)

[Behavior Supports and Interventions](#)

FAMILY RESOURCES

[NASP Family Resources](#) - resources to provide parents with information and strategies as to how they can help their children at home

[Interactive Planner For Caregivers](#) - a web based program that helps parents plan and create schedules for their children

Grief/Trauma Support

[Resources for Loss/Grief](#) - resources to help grieving families and those in school communities

[Helping Children Build Resiliency](#) - an article and information on building resilience

[Trauma Facts & Tips](#) - information on trauma and how to support children

[Preventing Youth Suicide: Facts & Tips](#) - information about youth suicide prevention

[American Foundation for Suicide Prevention](#) - a service that provides support and resources to those impacted by suicide

[Suicide Prevention Resources \(compiled by TLC & AFSP NJ\)](#)

Multi-sensory Reading & Dyslexia Resources

[The New Jersey Dyslexia Handbook](#) - a guide to literacy development and reading struggles